

COSTCO GLUTEN-FREE SHOPPING LIST

SNACKS

- Banana Chocolate Snack
- Beanitos Chips
- Calbee Spinach Chips
- Chex Granola Mix
- Clif Organic
- Figgy Pops
- Food Should Taste Good Chips —
- Go Raw
- Kettle Chips
- Kind Bars
- Lara Bars
- Late July Chips
- Made Good Granola
- Organic Fruit Snacks
- Popcornopolis
- ProBar Fuel
- Pure Ancient Grain Bars
- Quia Snack Bars
- Rhythm Kale Chips
- The Perfect Bar
- Two Moms in the Raw Granola
- Nogii Protein Bars
- Square Organic Protein Bars

COOKIES AND CRACKERS

- CoCo-Roons
- Harvest Stone GF Crackers
- Mary's Crackers
- Nothin But Granola Cookies
- Tate's Gluten Free Cookies
- Cocola Macarons

BREAKFAST

- Chex Cereals
- EnviroKids Cereals
- One Degree Cereals
- P de Q

And Don't Forget

***Costco has a ton of fresh fruits, vegetables, and meats that are naturally gluten free**

MEATS

- Aidels Meatballs
- Aidels Sausage
- Columbus Turkey Deli Meat
- Kirkland Roasted Turkey Deli Meats
- Nature Raised Chicken Strips
- Oscar Mayer Natural Turkey Deli Meat
- Silva Sausages
- Sugar House Sausages

PRE-MADE MEALS REFRIGERATED

- Del Real Carnitas
- Del Real Tamales
- Hodo Soy Tofu Nuggets
- Hope Organic Hummus
- Maya Kaimal Sauces
- Organic Veggie Bites
- DeeLite Black Bean Burgers
- Pure Farms Smoked Pulled Pork
- Sabra Hummus
- Stuffed Grape Leaves
- Suhki's Curries and Sauces
- Vicky's Kitchen Stuffed Chicken
- Thai Coconut Chicken
- Chicken Skewers
- Atkins Lamb Shanks

PASTA/NOODLES

- GoGo Quinoa Pasta
- Long Kow Bean Vermicilli
- Organic Edamame Spaghetti
- Rice Ramen
- True Roots Pasta

MISCELLANEOUS

- Jelly Belly Jelly Beans
- Kinder's BBQ Sauce
- OrganicVille Teriyaki Sauce
- Krave Jerkey
- Costco Steak Bites Jerkey
- Udi's Bread
- Franz Gluten Free Breads
- Sweetly Chocolate Mousse