

COSTCO GLUTEN-FREE SHOPPING LIST

SNACKS

- Banana Chocolate Snack
- Beanitos Chips
- Gratify Pretzel Thins
- Chex Granola Mix
- Clif Organic
- Figgy Pops
- Food Should Taste Good Chips —
- Go Raw
- Kettle Chips
- Yes Peas Pea Chips
- Kind Bars
- Lara Bars
- Late July Chips
- Made Good Granola
- Organic Fruit Snacks
- Popcornopolis
- ProBar Fuel
- Pure Ancient Grain Bars
- Quia Snack Bars
- Rhythm Kale Chips
- The Perfect Bar
- Two Moms in the Raw Granola —
- Nogji Protein Bars
- Square Organic Protein Bars
- Autumn's Gold Grain Free Granola
- NuttZo Nut and Seed Butter
- Wella Bar Protein Bars
- Coconut Clusters
- ChocXO nut butter cups
- Paleo Bites

COOKIES AND CRACKERS

- CoCo-Roons
- Harvest Stone GF Crackers
- Mary's Crackers
- Nothin But Granola Cookies
- Tate's Gluten Free Cookies
- Cocola Macarons
- Sweet Snaps Lemon Cookies
- Sun Tropics Coconut Rolls

BREAKFAST

- Chex Cereals
- EnviroKids Cereals
- One Degree
- Cereals
- P de Q
- Nature's Own Granola
- Cereal
- Bakery on Main Oatmeal

And Don't Forget

***Costco has a ton of fresh fruits, vegetables, and meats that are naturally gluten free**

MEATS

- Aidels Meatballs
- Aidels Sausage
- Columbus Turkey Deli Meat
- Kirkland Roasted Turkey Deli Meats —
- Nature Raised Chicken Strips
- Oscar Mayer Natural Turkey Deli Meat
- Silva Sausages
- Sugar House Sausages
- Rotisserie Chicken!
- Sabatino's Paleo Sausage

PRE-MADE MEALS REFRIGERATED

- Del Real Carnitas
- Del Real Tamales
- Hodo Soy Tofu Nuggets
- Hope Organic Hummus
- Maya Kaimal Sauces
- Organic Veggie Bites
- DeeLite Black Bean Burgers
- Pure Farms Smoked Pulled Pork
- Sabra Hummus
- Stuffed Grape Leaves
- Suhki's Curries and Sauces
- Vicky's Kitchen Stuffed Chicken
- Thai Coconut Chicken
- Chicken Skewers
- Atkins Lamb Shanks
- Cedar Lane Steel Cut Oat Bowls
- Mission Hill Steak Tips
- Chicken Tikka Masala Soup
- Biount Chicken Ginseng Soup
- Cauliflower Bites
- Bacon & Sausage Egg Bites
- Loma Chipotle Bowls (meat free!)
- Sonoma Flatbread Chicken & Kale Pizza

PASTA/NOODLES

- GoGo Quinoa Pasta
- Long Kow Bean Vermicilli
- Organic Edamame Spaghetti
- Rice Ramen
- True Roots Pasta
- Healthy Noodle Co.

MISCELLANEOUS

- Jelly Belly Jelly Beans
- Kinder's BBQ Sauce
- OrganicVille Terriyaki Sauce
- Krave Jerkey
- Costco Steak Bites Jerkey
- Udi's Bread
- Franz Gluten Free Breads —
- Sweetly Chocolate Mousse
- Bare Boens Bone Broth Packets
- Salad Topper