

COSTCO GLUTEN-FREE SHOPPING LIST

SNACKS

- Banana Chocolate Snack
- Beanitos Chips
- Calbee Spinach Chips
- Chex Granola Mix
- Clif Organic
- Figgy Pops
- Food Should Taste Good Chips —
- Go Raw
- Kettle Chips
- Kind Bars
- Lara Bars
- Late July Chips
- Made Good Granola
- Organic Fruit Snacks
- Popcornopolis
- ProBar Fuel
- Pure Ancient Grain Bars
- Quia Snack Bars
- Rhythm Kale Chips
- The Perfect Bar
- Two Moms in the Raw Granola ___
- Nogii Protein Bars
- ___ Square Organic Protein Bars
- ___ Autumn's Gold Grain Free Granola
- ___ NuttZo Nut and Seed Butter
- ___ Wella Bar Protein Bars
- ___ Coconut Clusters
- ___ ChocXO nut butter cups

COOKIES AND CRACKERS

- CoCo-Roons
- Harvest Stone GF Crackers
- Mary's Crackers
- Nothin But Granola Cookies
- Tate's Gluten Free Cookies
- ___ Cocola Macarons
- ___ Sweet Snaps Lemon Cookies

BREAKFAST

- Chex Cereals
- EnviroKids Cereals
- One Degree
- Cereals
- ___ P de Q
- ___ Nature's Own
- Granola Cereal

And Don't Forget

***Costco has a ton of fresh fruits, vegetables, and meats that are naturally gluten free**

MEATS

- Aidels Meatballs
- Aidels Sausage
- Columbus Turkey Deli Meat
- Kirkland Roasted Turkey Deli Meats —
- Nature Raised Chicken Strips
- Oscar Mayer Natural Turkey Deli Meat —
- Silva Sausages
- Sugar House Sausages

PRE-MADE MEALS REFRIGERATED

- Del Real Carnitas
- Del Real Tamales
- Hodo Soy Tofu Nuggets
- Hope Organic Hummus
- Maya Kaimal Sauces
- Organic Veggie Bites
- DeeLite Black Bean Burgers —
- Pure Farms Smoked Pulled Pork —
- Sabra Hummus
- Stuffed Grape Leaves
- Suhki's Curries and Sauces
- Vicky's Kitchen Stuffed Chicken ___
- Thai Coconut Chicken
- ___ Chicken Skewers
- ___ Atkins Lamb Shanks
- ___ Cedar Lane Steel Cut Oat Bowls
- ___ Mission Hill Steak Tips
- ___ Chicken Tikka Masala Soup
- ___ Biount Chicken Ginseng Soup
- ___ Cauliflower Bites

PASTA/NOODLES

- GoGo Quinoa Pasta
- Long Kow Bean Vermicilli —
- Organic Edamame Spaghetti — Rice
- Ramen
- True Roots Pasta
- ___ Healthy Noodle Co.

MISCELLANEOUS

- Jelly Belly Jelly Beans
- Kinder's BBQ Sauce
- OrganicVille Terriyaki Sauce
- Krave Jerkey
- Costco Steak Bites Jerkey
- ___ Udi's Bread
- ___ Franz Gluten Free Breads
- ___ Sweetly Chocolate Mousse
- ___ Salad Topper