

## Costco Gluten Free Shopping List Updated 8-19-22

### **Snacks**

Food Should Taste Good Chips  
Figgy Pops  
ProBar Fuel  
Made Good Granola  
The Perfect Bar  
Chex Granola Mix  
Two Moms in the Raw Granola  
Rhythm Kale Chips  
Calbee Spinach Chips  
Popcornopolis  
Go Raw  
Clif Organic  
Banana Chocolate Snack  
Quia Snack Bars  
Kettle Chips  
Organic Fruit Snacks  
Beanitos Chips  
Late July Chips  
Pure Ancient Grain Bars  
Kind Bars  
Lara Bars  
Bobo's  
Parm Crisps (cheese crisp crackers)  
Siren Snacks Chocolate Peanut Butter Bites  
NuTrail Keto Granola

### **Cookies and Crackers**

CoCo-Roons  
Tate's Gluten Free Cookies  
Nothin But Granola Cookies  
Harvest Stone GF Crackers  
Mary's Crackers

### **Breakfast**

One Degree Cereals  
EnviroKids Cereals

Chex Cereals  
Franz Gluten Free Breads  
AmyLu Chicken Sausage

### **Meats**

Silva Sausages  
Sugar House Sausages  
Columbus Turkey Deli Meat  
Oscar Mayer Natural Turkey Deli Meat  
Nature Raised Chicken Strips  
Kirkland Roasted Turkey Deli Meats  
Kirkland Beef Hot Dogs  
Kirkland Beef Dinner Franks  
Aidels Meatballs  
Aidels Sausage  
Teton Polish Sausage  
Fresh Editions Chicken Bites

### **Pre-made Meals Refrigerated**

Del Real Tamales  
Organic Veggie Bites  
Del Real Carnitas  
Del Real Pupusas  
Del Real Pork in Red Sauce Tamales  
Suhki's Curries and Sauces  
Vicky's Kitchen Stuffed Chicken  
Stuffed Grape Leaves  
Hope Organic Hummus  
Pure Farms Smoked Pulled Pork  
Sabra Hummus  
Cauliflower Rice Stir Fry  
Maya Kaimal Sauces  
Hodo Soy Tofu Nuggets  
P De Q  
Spinach and Pepper Egg Bites  
Will's San Francisco Potato Salad

### **Pasta/Noodles**

True Roots Pasta  
Rice Ramen  
GoGo Quinoa Pasta  
Organic Edamame Spaghetti  
Long Kow Bean Vermicilli

Chickpea Pasta  
Taste Republic Grain Free Cauliflower  
Pasta

**Misc**

Jelly Belly Jelly Beans  
Kinder's BBQ Sauce  
OrganicVille Terriyaki Sauce  
Krave Jerkey  
Costco Steak Bites Jerkey  
Udi's Bread  
Catalina Crunch Cereal (Keto too)  
Outer Aisle Cauliflower Sanwich Thins  
Siete Almond Flour Tortillas  
TropicLand Sweet Potato Fries  
Nature Source Salad Toppers  
Laird's Plant Based Coffee Creamer  
Mrs Jones Keto and Gluten Free Brownie Mix  
Undercover Chocolate Quinoa Crisps  
No Sugar Keto Bars  
Keto Krax  
BFree Gluten Free Pita Bread