

Costco Gluten Free Shopping List Updated 12-17-23

Snacks

Food Should Taste Good Chips
Figgy Pops
ProBar Fuel
Made Good Granola
The Perfect Bar
Chex Granola Mix
Two Moms in the Raw Granola
Rhythm Kale Chips
Calbee Spinach Chips
Popcornopolis
Go Raw
Clif Organic
Banana Chocolate Snack
Quia Snack Bars
Kettle Chips
Organic Fruit Snacks
Beanitos Chips
Late July Chips
Pure Ancient Grain Bars
Kind Bars
Lara Bars
Bobo's
Parm Crisps (cheese crisp crackers)
Siren Snacks Chocolate Peanut Butter Bites
NuTrail Keto Granola and Nut Granola
Simple Mills Banana Muffin Mix
Aussie Bites
That's It Mini Fruit Bars

Cookies and Crackers

CoCo-Roons
Tate's Gluten Free Cookies
Nothin But Granola Cookies
Harvest Stone GF Crackers
Mary's Crackers

Breakfast

One Degree Cereals
EnviroKids Cereals
Chex Cereals
Franz Gluten Free Breads
AmyLu Chicken Sausage

Meats

Silva Sausages
Sugar House Sausages
Columbus Turkey Deli Meat
Oscar Mayer Natural Turkey Deli Meat
Nature Raised Chicken Strips
Kirkland Roasted Turkey Deli Meats
Kirkland Beef Hot Dogs
Kirkland Beef Dinner Franks
Aidels Meatballs
Aidels Sausage
Teton Polish Sausage
Fresh Editions Chicken Bites

Pre-made Meals Refrigerated OR Freezer

Del Real Tamales
Organic Veggie Bites
Del Real Carnitas
Del Real Pupusas
Del Real Pork in Red Sauce Tamales
Suhki's Curries and Sauces
Vicky's Kitchen Stuffed Chicken
Stuffed Grape Leaves
Hope Organic Hummus
Pure Farms Smoked Pulled Pork
Sabra Hummus
Cauliflower Rice Stir Fry
Maya Kaimal Sauces
Hodo Soy Tofu Nuggets
P De Q
Spinach and Pepper Egg Bites
Will's San Francisco Potato Salad
Read Good Breaded Chicken

Pasta/Noodles

True Roots Pasta

Rice Ramen
GoGo Quinoa Pasta
Organic Edamame Spaghetti
Long Kow Bean Vermicilli
Chickpea Pasta
Taste Republic Grain Free Cauliflower
Pasta

Misc

Jelly Belly Jelly Beans
Kinder's BBQ Sauce
OrganicVille Terriyaki Sauce
Krave Jerkey
Costco Steak Bites Jerkey
Udi's Bread
Catalina Crunch Cereal (Keto too)
Outer Aisle Cauliflower Sandwich Thins
Siete Almond Flour Tortillas
TropicLand Sweet Potato Fries
Nature Source Salad Toppers
Laird's Plant Based Coffee Creamer
Mrs Jones Keto and Gluten Free Brownie Mix
Undercover Chocolate Quinoa Crisps
No Sugar Keto Bars
Keto Krax
BFree Gluten Free Pita Bread
Volupta Cacao Powder
Bob's Red Mill 1:1 Gluten Free Flour
(Some stores carry King Arthur Measure for
Measure or Nameste flour blends – It varies by
store.)